

Below are a list of activities mentors could do with their mentees at any point during their mentoring relationship. Switching things up with your mentee will help maintain a healthy, growing, and engaging mentoring relationship. Feel free to modify and/or change the activities to fit your mentee's interest, or come up with your own new activities.

Remember, these are just ideas and are not expected of mentors regularly.

Source: Wartburg College Mentoring

1. **"Mentees are teachers!"** – Let your mentee teach you something they are knowledgeable about. This could be a hobby, a particular skill they have mastered, or anything else they can think of.
2. **"Show and Tell!"** – You and your mentee can both bring in photos or items that are important to you. Talk about the significance of the photos or items.
3. **"Bucket List"** – Make a list of 25, 50, 75, or 100 things you want to do or accomplish during your lifetime and share your lists with one another.
4. **"Serve!"** – Find a possible service project you can do together and spend a couple hours or a day working on that project.
5. **"Create a Mission"** – Help your mentee develop their own personal objective or mission statement using their skills, interests, passions, and personalities.
6. **"Encouragement"** – Send your mentee an "out-of-the-blue" note and/or email of encouragement.
7. **"Game Time"** – Play a game with one another outside your normal meeting setting. This could be a card game, pool, a board game, sport, and/or any other kind of friendly competition.
8. **"Personality"** – If either mentee and/or mentor has not taken a certain personality assessment (MBTI, True Colors, Strengths Finder, Holland's Code, the Archetype Indicator, etc.) before, complete one and discuss the findings. Talk about how knowing more information about yourself can impact the future.
9. **"Search for Resources"** – Identify a few professional development opportunities and/or resources that are conducive to your mentee's goals. Share them with your mentee and encourage them to utilize them.<sup>19</sup>
10. **"Showtime"** – Attend an athletic and/or artistic event together. Talk about what you saw and what you liked/disliked about the event.

## Activities to consider:

Source: L.E.A.D. Mentor/Mentee Discussion Template & Activities

- **Resume Review:**
  - Bring a copy of your current resume. Work with your mentor to provide suggestions on improvement.
- **Mock Interview:**
  - Ask your mentor to provide you with a mock job interview. Each member should take turns doing this so plan enough time so each can take a turn or plan on separate meetings with your mentor. These may also take place over the phone.
- **Shadowing Day:**
  - Spend a day with your mentor. Attend meetings and other activities to better understand a day in the life of your mentor.
- **Attend a Trade Show:**
  - If possible, consider going to a trade show with your mentor. Get a chance to see a variety of industry specific organizations and/or the general process for networking
- **Attend a Professional Organization:**
  - If your mentor belongs to a professional organization such as Rotary, Young Presidents Organization, or another other prestigious organization, see if it is possible to attend one of these and meet the various types of leaders that attend.